

Upon admission into the program, comprehensive evaluation will be conducted, resulting in an individualized treatment plan that is client centered and strengths based. During the comprehensive evaluation, we also assess for anger issues, family challenges, as well as mental health issues. Individuals will participate in a 12-week substance abuse and anger management program, along with weekly individual counseling sessions. Random monthly drug screens are available. The length of treatment will depend upon the severity of the problem and may range between 3-6 months.

Location

Families First of Florida 1615 Harden Blvd. Lakeland, FL 33803 (813) 290-8560 – Ext. 300

You can also submit a on-line referral at https://www.familiesfirstfl.com/substance-abuse-services/

Substance Abuse

Outpatient Treatment Program

NOW ACCEPTING NEW CLIENTS!!



Are you overwhelmed or having trouble coping? Are you struggling at home, school, or at work? Are you using drugs to escape, while using more or experimenting with more alcohol, or drugs? Are you demonstrating drug seeking behaviors, continued drug use despite negative consequences, or using drugs in hazardous places and situations? Are you losing interest in things you once cherished or enjoyed? If so, we can help. Call us at: (813) 290-8560 or visit our website at www.familiesfirstfl.com

Program Details

Weekly Substance Abuse & Anger Management Groups

Individualized Counseling Sessions

Random Drug Screening

Monthly Treatment Plan Reviews

Relapse Prevention Planning

Trauma Focused/Cognitive Behavioral

We are licensed in accordance with Chapter 397 of Florida Statues License Number LIC-1046168

