



Targeted Case Management Services

The purpose of mental health targeted case management services is to assist individuals (recipients) in gaining access to needed medical, social, educational, and other services. The primary goal of mental health targeted case management is to optimize the functioning of recipients who have complex needs by coordinating the provision of quality treatment and support services in the most efficient and effective manner.

Families First of Florida accepts referrals for adolescents who are in need of targeted case management. A biopsychosocial is completed for each eligible recipient after a referral is received for services.

We provide targeted case management to children who have a mental health diagnosis and need additional assistance with gaining access to medical, social, and educational services. Our goal is to uniquely help each individual by assisting with their needs by coordinating treatment and support services. We work with each client, their family and other providers to create a plan of services that address various needs collaboratively.

Adult and children's mental health targeted case management services assist recipients in:

- Gaining access to needed financial and insurance benefits,
- Assistance with obtaining employment,
- Service linkage to medical needs,
- Community Service linkage to social needs
- Advocacy for education needs
- Assessment of functional abilities and needs
- Other services



These supportive services include working with the recipient and the recipient's natural support system to develop and implement the recipient's service plan. They also include follow-up to determine the status of the recipient's services, and the effectiveness of activities related to the successful implementation of the service plan toward enhancing the recipient's inclusion in the community and stabilization of placement.

Insurance Accepted: All Florida Medicaid Plans (MMA – Managed Medical Assistance) - Aetna Better Health – Coventry-Carelon, Ambetter, CMS (Title 19 & 21 Sunshine), Humana Access Behavioral Health (Panhandle only), Humana (Carelon), Lighthouse Access Behavioral, Magellan Complete Care, Medicaid, Molina Healthcare, Simply Healthcare – Sunshine Health/Cenpatico, United Healthcare/Optum (Medicaid). For a comprehensive listing, visit our website at <https://www.familiesfirstfl.com/about-us/insurance-accepted/>

Please use our online referral form <https://www.familiesfirstfl.com/case-management-services/> or contact us by email at referral@familiesfirstfl.com If you have questions, please call us at (813) 290-8560 and follow the prompts – Select **Option 0** for **Outpatient** and **then select the appropriate service center.**